

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



**SAULT  
COLLEGE**

**COURSE OUTLINE**

<b>COURSE TITLE:</b>	Student Esthetician Clinic		
<b>CODE NO. :</b>	EST 166	<b>SEMESTER:</b>	2
<b>PROGRAM:</b>	Esthetician's Diploma Program		
<b>AUTHOR:</b>	Silvana Bassanello		
<b>DATE:</b>	Jan 2013	<b>PREVIOUS OUTLINE DATED:</b>	Jan 2012
<b>APPROVED:</b>	"Angelique Lemay"		Dec/12
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	<b>DEAN</b>		<b>DATE</b>
<b>TOTAL CREDITS:</b>	3		
<b>PREREQUISITE(S):</b>	EST 161, EST142, EST 113, EST 114, EST 141		
<b>HOURS/WEEK:</b>	4		

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*(705) 759-2554, Ext. 2603*

**I. COURSE DESCRIPTION:**

This course provides students with opportunity to strengthen practical skills developed in Semester I. Students will be placed at the Spa at Sault College providing professional esthetic services such as manicures, pedicures, skin treatments including advanced microdermabrasion treatments, hair removal treatments and makeup applications for the general public. Day to day operations of a Spa setting will be emphasized and students will be responsible for answering phones, scheduling appointments, confirming appointments, retailing and handling all transactions. Professional Image is emphasized. Not only with personal appearance and effective communication, but also with sanitation, disinfection and sterilization procedures.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

Upon successful completion of this course, the student will demonstrate the ability to:

1. Apply practical skills in all areas of esthetics in order to provide a professional treatment for both men and women.

Potential Elements of the Performance:

- Perform and customize hand and foot treatments and complete all steps for an entire professional manicure and pedicure for both men and women.
- Discuss homecare maintenance for hand and foot care.
- Use a variety of waxes and hair removal techniques including hard and soft wax, and tweezing for the safe removal of excess facial and body hair for both men and women.
- Explain pre and post homecare with clients having any hair removal treatment.
- Apply makeup for a variety of occasions including day, evening, bridal, and for clients of all age ranges from preteen to mature.
- Customize skin treatments for both men and women taking into consideration skin types and skin conditions, information recorded on the health screen, identified needs and contraindications to products and equipment.
- Knowledge of NatureMed professional skincare line and promote features and benefits of esthetic products and services to clients when assisting them in determining a course of action matched with their needs, lifestyle and personal preferences.
- Explain the importance of a homecare maintenance schedule which suits their skin type and any conditions present

- Use professional facial equipment, manicure and pedicure instruments, makeup supplies and equipment and hair removal instruments and equipment safely and appropriately while noting any contraindications noted on the health screen, client preferences and needs.
- Maintain and store all equipment, instruments and materials according to regulations required by Algoma Public Health and the Esthetician Diploma Program.
- Demonstrate effective time management skills in areas of preparedness and set up, in order to provide a professional treatment.
- Conduct an in depth health screen prior to all services and record the observations to determine service expectations, customized treatments, modifications and contraindications.
- Keep all workstations and work surfaces sanitized and free of garbage so to not cross contaminate and to display
- Clean and either disinfect or sterilize tools after each use, keep work stations and work surfaces sanitized, and safely dispose of non reusable and “sharps” items in accordance with Algoma Public Health.
- Contribute to the maintenance of client files by accurately recording information and by ensuring that all information on health screens are up to date.
- Answer telephones, book and confirm appointments
- Handle cash transactions when retailing products and services
- Apply the principles of teamwork with co workers and faculty in order to meet common goals and to project a positive work ethic.
- Greet clients upon arrival and departure
- Display an upbeat and enthusiastic attitude

2. Demonstrate the professional image and conduct necessary for success in the esthetic industry.

Potential Elements of the Performance:

- Comply with the Policies and Procedures of the Esthetician's Diploma Program regarding attendance, physical appearance, personal hygiene and dress code.
- Demonstrate punctual attendance
- Demonstrate accountability for absences
- Demonstrate accountability for your own academic and professional growth
- Demonstrate effective interpersonal, verbal and non verbal communication skills with clients, peers and faculty
- Employ all ethical standards which uphold the integrity of the Esthetic profession.
- Comply with the terms outlined in the Confidentiality Agreement

3. Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics

Potential Elements of the Performance:

- Determine the characteristics and benefits of excellent customer service
- Recommend products and services which meet the needs and expectations of the client
- Use effective verbal and non verbal communication skills when dealing with customer complaints in a professional setting
- Practice the principles of retailing when promoting products and services

### **III. TOPICS:**

1. Skin Treatments: Men and Women
2. Hair Removal: Men and Women
3. Manicures/ Spa Manicures: Men and Women
4. Pedicures/ Spa Pedicures: Men and Women
5. Makeup Artistry
6. Levels of Decontamination: Sanitation, Disinfection, Sterilization
7. Professional Image: Appearance, Attitude, Communication, Ethics
8. Retailing Products and Services
9. Reception

### **IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

**Manicure and Pedi tools, tweezers, full uniform, name badge, appropriate and safe footwear.**

### **V. EVALUATION PROCESS/GRADING SYSTEM:**

This course will be evaluated with either an “S” or “U” Grade based on the following criteria:

Requirements for an “S” Grade:

- Completing a minimum of 55 supervised hours in the Spa
- Demonstrating professional skills which consistently meet the requirements of outcomes and which are consistent with the standards of the esthetic industry.
- Completing homework assignments – Professional Image, Effective Communication, Industry Ethics.

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

## VI. SPECIAL NOTES:

### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session. *It is the departmental policy that once the classroom door has been closed, the learning process has begun. Late arrivers may not be granted admission to the room.*

**“No Show Policy”. If you are not able to attend Spa or Placement on your scheduled day, you must phone to let your supervisor or professor know of your absence. Failure to do so will result in one written warning which states, “failure to comply with this policy again will result in your immediate removal from EST 166 as the outcomes of adhering to Professional Image are not being met.”**

## **VII COURSE OUTLINE ADDENDUM:**

The provisions contained in the addendum located on the portal form part of this course outline. [www.mysaultcollege.ca](http://www.mysaultcollege.ca)